

# MEDIA RELEASE

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## Ausbil Palm to Shelly ocean marathon swim: 'One of the world's best'

Ausbil announces the date for what is considered one of Australia's great open water swims, **The Ausbil Palm to Shelly** beach marathon swim.

This year's event will take place on Saturday, 30th April 2022 and is Australia's longest marathon swimming event at 26km, starting at the picturesque Palm Beach north of Sydney, and finishing at the stunning Shelly Beach, nestled in the water reserve at Fairy Bower in Manly.

The Ausbil Palm Beach to Shelly beach marathon swim is one of the three Australian Triple Crown swims, alongside the Port to Pub Rottnest 25km channel swim in Western Australia, and the Derwent River 34km river swim in Tasmania.

Ausbil CEO, Ross Youngman, said: "The swim was initially established as a preparation swim for the English Channel, but has become a great opportunity for marathon swimmers to participate in an iconic ocean swim down Sydney's northern beaches."

Solo swimmers get to test their mettle over an extreme distance, practice feeding strategies and experience the mental challenges of an endurance ocean swim.

The swim is also perfect for swimmers who want to step up from the shorter ocean swims or compete as a team in a relay. This offers those who might only be comfortable with shorter distances the opportunity to experience the full length of the course, as a team.

"The swim is arguably one of the toughest events on the Australian swimming calendar," says event organiser and marathon swimmer, Tim Garrett. "It is a genuine and challenging measure of how an athlete is placed, not only against other athletes, but also against the extreme challenge of ocean swims."

The swim typically takes athletes six to nine hours to complete and is often pummelled by large, deep-ocean swells, along a route that is shared with the humpback and southern right whales that migrate up and down Sydney's coastline.

Australia is home to some of the best marathon swimmers in the world, including Chloe McCardel, Trent Grimsey, Susie Maroney, Lynton Mortensen and Shelley Taylor-Smith.

Proceeds from the swim will be donated to the Australian Marine Conservation Society.

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### About Ausbil Investment Management

Ausbil is a leading Australian based investment manager. Established in April 1997, Ausbil's core business is the management of Australian and global equities for major superannuation funds, institutional investors, master trust and retail clients. Ausbil is owned by its employees and New York Life Investment Management a wholly-owned subsidiary of New York Life Insurance Company. As at 31 March 2022, Ausbil managed over \$16.9 billion in funds under management.

### About Ausbil palm2shelly Ocean Swim

The Palm Beach to Shelly swim is an open water swimming event in Sydney's Northern Beaches, New South Wales, Australia. The swim was set up to cater for the various channel swims around the world. The swim starts from Palm Beach and finishes at Shelly Beach comprising of a 26km swim. The 26km ultra-marathon swim is open to qualified solo swimmers, duos, and teams of four.

### For more details visit

<https://oceanswims.com/event/palm-to-shelly/>

For further information or to schedule an interview please contact:

**Guy McKenna**  
Senior Consultant at Honner  
Tel: +612 8248 3740  
Mob: +61 (0)430 355 985

Ausbil Investment Management Limited  
ACN 076 316 473  
AFSL 229722  
Level 27  
225 George Street  
Sydney NSW 2000  
GPO Box 2525  
Sydney NSW 2001  
Phone 61 2 9259 0200  
Fax 61 2 9259 0222